

HERE IS HOW TO MAKE THE HEARTS IN A FRAME



1

Fold and cut paper hearts (just the way you did in first grade). Make several sizes, according to the size of your frame. Make each heart large enough to allow a cutout for each photograph. Trace hearts onto foam board and cut out.



2

Choose some decorative papers, trace the heart shape onto each one, cut out and glue into place on the foam. Measure photos, and cut a circle or square out of the center of the heart. Cut out more papers to decorate each heart.



3

Choose some fancy trims, such as ribbon, cord, metal charms or other three-dimensional pieces to give each heart an individual look. You might want to add clippings of old paintings, flowers or other romantic images. You can also paint or spatter-paint the hearts.



4

Paint the frame gold and distress it if you like (or just choose a pre-painted gold frame).



5

Arrange several hearts on a background sheet of paper-covered cardboard inside the frame; place one or more hearts on the edge of the frame if you like that effect.